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Lhasa

Nyingchi

See "the Tibetan Switzerland" on a pleasant journey to Nyingchi located in central Tibet. Nyingchi is known for its natural beauty mixed among the high plateau unique scenery of gorgeous alpine lakes and green mountains.

Type

Private

Duration

6 days

Theme

Natural scenery

Trip code

WT-108

Price

From £ 451 per person

Itinerary

This tour will not only take you to visit the top attractions of the capital city Lhasa in central Tibet but also the green mountains and clear water in Eastern Tibet - Nyingchi area. In Lhasa you will be arranged to visit the landmark of Tibet - Potala Palace, the most sacred Buddhist temple - Jokhang Temple, two main Gelupa monasteries Drepung & Sera and the exploration in Lhasa old town to discover the local's daily life, but also heading to Nyingchi located in eastern Tibet. Nyingchi area is known as the Switzerland of Tibet, the Natural Museum and the Natural Gene Pool, highlights in Nyingchi are including the gorgeous alpine lake of Draksum-tsom, the lush green of Lulang forest and the gorgeous views of Mount Namche Barwa at Serkhym-la pass.

Day 01 :

Arrival at Lhasa [3,658m]



Upon arrival at Lhasa airport or train station, You will be greeted by your Tibetan tour guide & driver and transferred to your hotel in Lhasa downtown. It is about 70km from Lhasa Gongga airport to Lhasa downtown and it takes about one and half hour, from the train station to Lhasa downtown it is only 15km and it takes 20 minutes. Afternoon have a good rest to acclimatize the high altitude. Overnight at Lhasa.

Day 02 :

Lhasa City sightseeing, visit Potola Palace & Jokhang Temple (B) - walking tour is arranged today.

Today is your first day of sightseeing on the high plateau, so we have purposely arranged you only to visit Potala Palace and Jokhang temple. Both of them are the focal points of pilgrims from entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith.

Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara).

Jokhang temple is the most scared shrine in Tibet built in the 7th century and it is located at the heart of old town in Lhasa, the circuit around it called Barkhor street, which is a good place to explore the workshops and purchase some souvenirs. If you are doing well, we can also include a walk tour in the Lhasa old town to discover locals' market, workshops and some small temples, walking around the small alleys will create you a chance to see local Tibetan's life.

Overnight at Lhasa.

Day 03 :

Lhasa City sightseeing, visit Drepung monastery and Sera monastery (B)

Today you will be arranged to visit Drepung monastery in the morning and Sera monasteries in the afternoon. Both Drepung and Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 10,000 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Overnight at Lhasa.

Day 04 :

Lhasa/ Draksum-tso / Bayi Town[2,900m] (520km, 8 hours) (B)

After breakfast, drive from Lhasa to Bayi, cross over Mila Pass (5100m), enjoy the scenery along the Niyang River. Afternoon visit Draksum-tso (also called Basum-Tso) lake, one of the most beautiful lakes in eastern Tibet Nyingchi region. This holy lake is beautified by its surrounding landscapes from green & forested mountains to snow capped peaks, and is connected to the semi-mythical ruler of the Kham region and Guru Rinpoche. The joint board floating bridge is the only way to the Tsodzung island, here you will visit the Tsodzung Monastery amid of the trees, which is most probably the highest attraction of this site. Then retrace the way to the Highway that joins at Pahe village and continuous drive about 79km further to Bayi. Overnight at Bayi town.

Day 05 :

Day tour sightseeing in Nyingchi - visit Cypress Park, Lulang Forest and view mount Namche Barwa (160km, 3 hours) (B)
Today you will spend a day to explore Nyingchi's highlights - morning drive to visit the Giant Cypress Park, the king cypress in the reserve is about 50 meters tall and is about 2,500 years old.

Then drive up to Serkhy-m-la pass (4582m), enjoy some of the most beautiful areas in Eastern Tibet, especially if you travel in

the month of June when the azaleas flowers are in bloom. After you get down from the pass to Lulang Forest, you will have the dramatic views of Mount Namche Barwa (7756m), Gyala Pelri (7151m) and panorama of meadow scenery of the *LuLang forest*. Nestled between the mountains and glaciers, Lulang Forest (3700m) is a typical highland meadow strip, and both sides of Castle Peak from low to high from the dense bushes, spruce trees and pine. Afternoon drive back to Bayi. Overnight at Bayi town.

Day 06 :

Nyingchi airport send-off, end the trip. (B)



Your guide and driver will see you off at Nyingchi airport, end the tour with WindhorseTour.

Prices

Period

2 Persons

3 Persons

4-6 Persons

Nov. to Mar.

Regular price£ 693£ 528£ 451

Apr. to Jun. and late Oct.

Regular price£ 737£ 561£ 484

Jul. to mid Oct.

Regular price£ 825£ 627£ 550

Inclusions

Tour notes:

All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.

The tour price is based on 3 star standard hotels. At your request we can provide pricing for different levels of service such as budget hostel, luxury 4 star standard hotels or deluxe 5 star standard hotels.

Please note prices are based in CNY.

General inclusions:

All required government taxes and fees.

Please contact one of our Tour Advisors to get a custom quotation made to your requirements.

All required Tibet permits and domestic travel documents.

3 Stars hotel (shared twin room, private bathroom and daily breakfast)

All entrance tickets as noted in the tour's itinerary.

Guide fluent in English, Chinese or Japanese that is certified by the state tourism build and from the local community. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

Comfortable and clean private minivan with driver (please note that on days designated with walking tours, no private vehicle will be arranged by default.)

General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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info@windhorsetour.com

+86-28-85593923

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